



Dear Parent:

University Baptist Church (UBC) is passionate about helping families incorporate faith into everyday life. Because God gave parents the privilege of nurturing faith in the next generation, we hope to provide you with a few tools that may help you in this journey. The Faith Path initiative exists to partner with you as you guide your child's spiritual journey one step at a time. Age-appropriate kits have been created to help you leverage the best faith formation strategy for your child's stage of development. In this Preparing for *Adolescence* kit, you will find practical ideas and suggested resources to help you guide your child through upcoming changes.

We urge you to start today by taking the following simple steps.

STEP ONE: LEARN

We have provided a short video that explains this particular Faith Path step. You will hear from both experts and ordinary families as they describe the importance of preparing your child for adolescence and share practical suggestions from their experiences. You will also find a guide that offers practical tips and what we consider the best resources on the topic. If you would like additional coaching or information on the next Faith Path Foundations workshop, please visit www.ubc.org/faithpath or stop by The Porch in the Fellowship Hall.

STEP TWO: START

To help make the process easier, this kit includes a two-part audio titled *The Talk*. We've also provided a *Frequently Asked Questions* summary from parents of early adolescents.

If your child is included in the UBC database, you will receive an email during the month of your child's birthday with information on how to get the free kit appropriate for his or her age. If you are new to UBC and need to provide information on your child for our database, please go to www.ubc.org/faithpath and complete the online form.

We hope you find this kit helpful in the process of forming the faith of your child at home. Feel free to visit www.ubc.org/faithpath to learn more or to determine if your child/children are ready for other Faith Path steps.

Warm regards,

A handwritten signature in black ink, appearing to read "Karen", written in a cursive style.

Karen Murphy
Associate Pastor of Children's Ministries,
University Baptist Church

A handwritten signature in black ink, appearing to read "Kyle", written in a cursive style.

Kyle Wilson
Associate Pastor of Student Ministries,
University Baptist Church