

What's Happening for Women

August

14th– Parent Seminar: Reclaiming Our Children for Jesus, 6:30pm-8:30pm
27th– Redeemed Ministries Informational Session, 6pm-7pm, 3rd Floor Lounge

September

10th– Journey to Joy Thursday Bible Studies begin, 9:45am-12pm
13th– **NEW!** Sunday Night Book Club begins, 5pm– 7pm, Gospel Treason, East Foyer
15th– Journey to Joy Tuesday Bible Study begins, 10am-12pm

October

31– UBC Fall Festival

November

5th– Tapestry Dinner: Speaker Mary Jo Sharp

UBC Groups for Women

Tuesdays, 7pm

EB 228 - led by Karol Peters

Wednesdays

Right at Home Moms - 9:30am-11:45am, 3rd Floor Lounge

Children of the Day: 1 & 2 Thessalonians by Beth Moore - 10am-12pm, EB226

Sundays

9:30am, EB 202 - Second Wind led by Pamm Muzslay

11 am, EB 209 - The Lydia Group for Working Women led by Angie Reeves

11 am, EB 102 - Journey to Joy led by Debbie Hampton

5 pm, East Foyer - Book Club for Women; Gospel Treason led by Jennifer Broddle

Connect with us

Facebook: Women of UBC

Pinterest: UBC Women

Twitter: @ubchouston

Need to talk to someone? Contact Lora Doremus at lora.doremus@ubc.org or 281-488-8517.

Questions about programs? Contact Lisa Stiles at lisa.stiles@ubc.org.

Want to contribute to future newsletters? Let us know!

Joy



August 2015

A UBC WOMEN'S MINISTRY MAGAZINE

Only If or Even If?

By Lora Doremus

I was driving the other night while listening to a radio talk show. It made me think about things like why the divorce rate among Christians is the same as among non-Christians, and why women who profess Jesus are just as enslaved to anger, bitterness, covetousness and all the rest. Why? When someone offers the hope of salvation to you they say things like "Jesus has a wonderful plan for your life" and "He heals all your diseases" and "He will protect you and guide you and comfort you". All of which are true. We accept salvation and enter into a relationship with Him almost like a bargain or an agreement. If Jesus does His part then I'll do mine. I take the first step and He goes the rest of the way. Right?

But here's the problem with that. Let's say you're walking along with Jesus when one day something very uncomfortable/frightening/anger producing happens. And keeps happening. So you pray. No answer. You pray again and ask others to pray with you. No answer. It actually gets worse. After months and months of this you pray: "That's not what I bargained for! You're supposed to answer my prayers, heal my diseases, give me a wonderful plan for my life, guide me into spacious places! Come On!"

If you feel this way, you are right there alongside the Psalmists who cried out to God in the same way. "Where ARE you, God??"

But get this. From the very beginning of your relationship with Jesus have you had an "Only If" attitude? I'll follow You only if (fill in the blank). Only if my children stay safe, only if my husband stays sweet, only if my income stays stable, etc. What happens when it all falls apart? Do you turn your back on the God who loves you?

What if we entered into our relationship with Jesus with an "Even If" attitude? Jesus, I'll follow You even if (fill in the blank). Even if my children don't stay safe, even if my husband doesn't stay sweet, even if we lose everything. This is the attitude that Shadrach, Meshach and Abednego had when threatened by the king. They said, "If we are thrown into the blazing furnace, the God we serve is able to deliver us from it...but **even if** He does not, we want you to know that we will not serve your gods." Daniel 3:17-18. Job said, "Though He slay me, yet will I hope in Him." Job 13:15

Which attitude do you have in your current difficult situation? "Only If" or "Even If"? A watching and perishing world needs to see more Even If Christians. And when you live in that attitude, that's when you get to see God's glory, and everyone around you gets to see Him too!



The Word

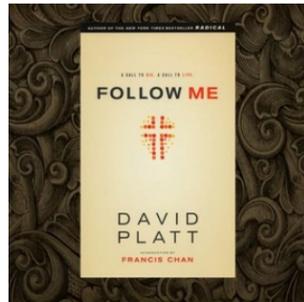
The eye is the lamp of the body.
If your eyes are healthy, your
whole body will be full of light.
(Matthew 6:22)

Then Jesus said, "Did I not
tell you that if you believe,
you will see the glory of
God?" .
(John 11:40)

For if you forgive other people
when they sin against you,
your heavenly Father will
also forgive you. But if you
do not forgive others their
sins, your Father will not
forgive your sins.
(Matthew 6:14-15)

Fall 2015 Journey to Joy Bible Studies

Tuesday Study



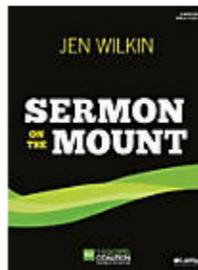
Follow Me (David Platt)

What did Jesus really mean when he said "Follow Me"? David Platt answers the question, by taking you on a journey to see that the invitation to follow Him is an invitation to a relationship. It's a relationship marked by self-denial, personal intimacy, single-minded ambition, and ultimate joy. In following Him, you will find the purpose you were created for, which is to bring glory to God by sharing the gospel and to make disciples who make disciples. Starts September 15th, 10 a.m. to 12 p.m.

Thursday Studies

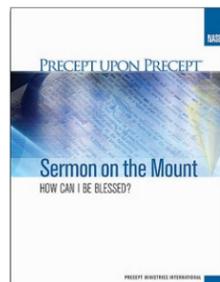
Sermon on the Mount (Jen Wilkin)

In His sweeping depiction of kingdom citizenship, Jesus utters some of the most familiar passages in all of Scripture. Most of us have encountered the Sermon on the Mount in fragments—a study on blessedness, a reflection on the Lord's Prayer, a meditation on lilies of the field. But what if we navigated these three chapters as they were originally heard: as one well-ordered message, meant to challenge our thinking about repentance, salvation, and sanctification? This 9-week study led by Jennifer Wilkin does just that. Seat yourself on a mountainside to learn at the feet of Jesus. Ask for ears to hear and a heart to respond to the teaching of our King. Starts September 10th, 9:45 a.m. to 12 p.m.



Sermon on the Mount; How Can I Be Blessed? (Kay Arthur)

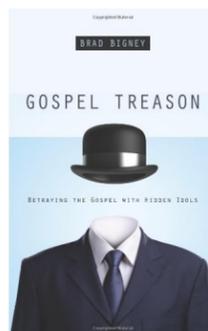
Faith that does not compromise is promised a reward in the world to come, and also a life free from anxiety in this world. Get a deeper understanding of the fruit and security that come with righteousness in the life of a true believer. You'll never look at the Beatitudes the same way again! Kay's DVD set for this study includes teachings on-location in Israel. Starts September 10th, 9:45 a.m. to 12 p.m.



NEW! Sunday Book Club for Women

Gospel Treason: Betraying the Gospel With Hidden Idols (Brad Bigney)

Using real-life stories and examples, Brad Bigney shows us how the idols we might not even recognize can still have devastating effects in our lives. In this transparent, honest book, he helps us to identify our idols, understand how they lead us to commit treason against the gospel—and finally repent of them and root them out forever by turning to the only One who can fill our every need. Starts September 13th, 5 p.m. to 7 p.m.



Pinterest Back to School: Healthy Lunchbox Ideas

It's that time of year again. The kids are returning to school and it time to start thinking about school lunches. Pinterest is full of ideas for healthy lunches when you run out of ideas or tend to pack the same items everyday.

These four steps will help you add variety and get your kids involved in packing their lunches. Just choose one from the main course category, two from the fruits and veggie category, one snack or treat, and a drink.

Step 1: main course

- | | |
|------------------|-------------------|
| pb & j | cheese & crackers |
| tortilla roll-up | tuna salad |
| hummus & pita | soup (in thermos) |
| turkey sandwich | grilled chicken |
| pizza muffins | hard boiled egg |
| bagel sandwich | pasta salad |

Step 2: fruits & veggies

- | | | |
|--------------|--------------|---------------|
| applesauce | dried fruit | snap peas |
| apple slices | raspberries | broccoli |
| raisins | strawberries | salad |
| oranges | blueberries | celery sticks |
| banana | watermelon | carrot sticks |

Step 3: snacks & treats

- | | | |
|----------------|-----------------|---------------|
| cheese stick | cheese crackers | fruit snacks |
| cottage cheese | pretzels | cookie |
| granola bar | graham crackers | pudding |
| dry cereal | popcorn | chips w/salsa |

Step 4: drink

water, milk, or juice



<http://kitchenmeetsgirl.com/easy-lunch-box-ideas-back-school/>

Summer Bible Study Testimony: Peggy Aldredge

Did you get to be involved in a women's Bible study this summer? Check out these words from Peggy Aldredge:

"Children of the Day", what a wonderful vision that comes to mind when you say those words. This women's study by Beth Moore has brought much soul searching and joy as we all wait for God to work out His Plan for us and our lives. I have made friends with other Christian ladies as we have walked together with Beth and Paul through 1 and 2 Thessalonians. Thank you UBC for allowing us to meet in your facilities this summer. I join all other Christians as we wait for the day "WHEN THE LORD JESUS IS REVEALED". 2 Thessalonians 1:10-12

Interested in joining a Bible study this fall? Look on the back for details. We'd love for you to join us!

